

**HJ** BRITISH HAIRDRESSING  
BUSINESS AWARDS

SALON OF THE YEAR



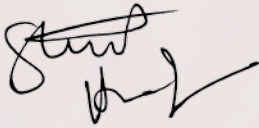
2011



**Welcome to the Stuart Holmes Hair & Beauty Spa**, a luxurious haven in the heart of Regency Cheltenham.

Combining the comfort and atmosphere of a chic boutique hotel designed with every client's need in mind, from first class service to the highest level of training and expertise. Having won Salon of the Year as well as a host of other leading industry awards and being placed in the top 100 apprenticeship providers in the country proves our commitment to our clients and our staff.

The beauty spa boasts an elegant suite of beauty rooms offering a wide range of treatments to transport you to a world of indulgence, pampering and relaxation.

A handwritten signature in black ink, appearing to read 'Stuart Holmes', with a stylized flourish at the end.

***"We aim to exceed our client's expectations,  
delivering an experience unrivalled elsewhere.  
Our long list of loyal clients are a true  
testimony to this".***

**Stuart Holmes.**

# HAIR

## COLOUR SERVICES

	<b>Full head Highlights</b>	<b>Half head Highlights</b>	<b>T-section</b>
Art Director	£92.50	£72.00	£60.50
Creative Director	£87.50	£67.00	£55.50
Director	£81.00	£60.00	£49.50
Creative Colourist	£68.50	£49.50	£44.50
Colourist	£63.00	£45.00	£39.00

	<b>Full head Tint</b>	<b>Tint Re-Growth</b>	<b>Natural Glossing</b>
Art Director	£52.50	£47.50	£52.50
Creative Director	£47.50	£42.50	£47.50
Director	£42.50	£36.50	£42.50
Creative Colourist	£37.50	£31.50	£37.50
Colourist	£34.50	£29.50	£34.50
Apprentice	£30.00	£25.50	£30.00

	<b>Fashion Colour</b>	<b>Colour Change</b>	<b>Finish Fee</b>	<b>Colour Refresh</b>
Art Director	From £75.00	£92 per hr	PLEASE ADD £16.00 WITH AN APPRENTICE	
Creative Director	From £70.00	£87 per hr		
Director	From £65.00	£79 per hr		
Creative Colourist	From £60.00	£74 per hr		
Colourist	From £55.00	-		

### Conditioning Highlights

PLEASE ADD  
£10 TO ANY  
HIGHLIGHT  
TREATMENT

### Natural, Ammonia free Hair Colourant



PLEASE ADD  
£10 TO ANY  
COLOUR  
TREATMENT

### Keratin Everlasting Blowdry

£120
£115
-
-
-

### CONDITIONING HIGHLIGHTS

*Platinum highlights containing beeswax will leave even the most fragile hair feeling silky and smooth after the lightening process. Please request at the time of booking.*

### INOA NATURAL, AMMONIA-FREE HAIR COLOURANT

*This amazing hair colourant is derived from plant extracts and is ideal for anyone that has concerns regarding hair colourants. Especially recommended for clients who are undergoing chemotherapy or who are pregnant.*

*For colour services only add £16.00 for a finish fee or if you prefer you may blow dry your own hair.*

*Intensive conditioning treatments are available from £6.75.*

*In addition to a full hair and colour consultation, all new clients will receive a complimentary goodie bag.*

*All colour clients are required to have a skin sensitivity test at least 48 hours prior to their appointment.*



## HAIR STYLING

	Cut & Blow Dry	Blow Dry			Hair Up
		Short	Medium	Long	
Stuart Holmes	£72.00	£33.50	£35.50	£37.50	£79.00 per 45 min
Art Director	£57.00	£31.50	£33.50	£35.50	-
Creative Director	£50.00	£26.50	£28.50	£30.50	£60.00 per 45 min
Director	£42.50	£24.50	£26.50	£28.50	£42.50 per 45 min
Creative Stylist	£37.00	£22.50	£24.50	£26.50	£37.00 per 45 min
Stylist	£32.00	£21.00	£23.00	£25.00	-
Apprentice	-	£18.00	£21.50	£23.00	-

**Balmain clip in hair extensions can be applied to any of the above services. Prices range from £10.95 - £89.95**

**Our dedicated team** of professionals are educated to the highest level in their specialist field, which means, whatever service you choose you will receive an exceptional level of expertise.

*We believe in working together - most of our clients tend to stay with the stylist that suits them best, but please do not feel awkward about trying another member of our team. We understand that a fresh perspective can sometimes make all the difference. Above all, you are a valued client.*



**Kids 16 years and under receive a 50% discount Monday to Wednesday.**

Corporate rates available - please ask our reception team for more information.

Visit [www.stuartholmes.co.uk](http://www.stuartholmes.co.uk) to book an appointment online 24 hours a day.



**Spa @ Stuart Holmes** offers complete pampering within a space where even the most stressed will find peace and relaxation.

Our therapists have an abundance of experience which also mean they are great multi-taskers, with many of their clients having a facial, eyelash tinting, waxing and salon hair services... whatever they need – all in one visit!

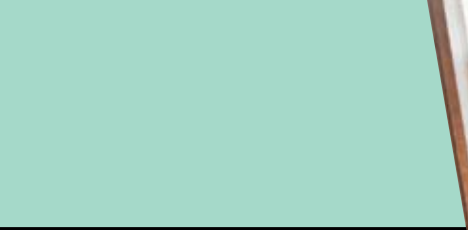
Personalised and specific beauty treatments are available on request, as is advice from our team of dedicated expert therapists.

***Beauty Spa Helpful Hints...***

***For your comfort we advise that you arrive 10 minutes before your appointment time to complete the necessary consultation forms.***

- Please note that late arrival may result in a reduced treatment time*
- Do ask about last minute availability on arrival if you wish to add further treatments*
- Remember to bring open-toed footwear if you have scheduled a pedicure*
- A full range of the skin care products used during your treatments are available for purchase*
- We advise you shower before all body treatments*

**We offer complimentary refreshments during your visit. Drinks from the 'Firefly' range are provided to clients on spa packages or those booked in for a massage, facial or body treatment.**



# SPA

## GUINOT FACIALS

**All our facials include a complimentary blow dry in the hair salon following your appointment in our spa. (Please request when making your booking).**

**Essential - 45 mins £37.00**

An introductory facial using products for your individual skin type. Ideal for clients new to facials or suitable for teenagers needing help or advice with skin care.

**Guinot Aromatic - 60 mins £47.50**

An Aromatherapy facial based on plant extracts and essential oils incorporating a unique massage chosen to create an ideal treatment for individual needs. This facial will lift your senses and instill an overall feeling of well-being.

**Guinot Beaute Neuve - 45 mins £47.50**

'Renew, Repair and Rebuild' – this peeling facial has the benefits for all skin types. A hands-on resurfacing treatment using fruit enzymes, amino acids and vitamins to gently exfoliate and soften the skin, leaving it looking radiant.

**Guinot Liftosome - 60 mins £69.00**

A great facial for lifting and firming, improving elasticity and skin tone in mature skin. A setting thermal mask that includes Pro-Collagen and Vitamin C completes the treatment.

## Confused?

**Unsure of what treatment to choose?  
Then call us today and speak to one of  
our team who will be only too happy to  
support you in making the best choice.**

## GUINOT NON –SURGICAL FACIAL TREATMENTS

**Hydradermie Lift (non-surgical face lift) provides a 'youth revolution' by stimulating facial muscles to give them new tone and to exert a lifting effect to the facial features.**

**Hydradermie - 75 mins £51.50**

This deep cleansing facial using mild galvanic and high-frequency electrotherapy, re-hydrating the skin and speeding cellular renewal. It is suitable for all skin types.

**Hydradermie Plus - 90 mins £61.50**

Deluxe anti-ageing facial to deep cleanse, rehydrate and regenerate the skin concentrating on the eye and neck area. Recommended for the 40+ age group.

**Hydradermie Lift - 60 mins £51**

A non-surgical lifting facial for mature skin to eliminate toxins, to stimulate and tone the muscles of the face and neck

**Hydradermie Deluxe - 1 hr 45 mins £72**

This facial combines the Hydradermie and the Hydradermie Lift for ultimate radiance and lift.

## MASSAGE

**Back Neck & Shoulder - 30 mins £26.50**

A gentle back, neck and shoulder massage using aromatherapy oils to enhance the mood and relax the body.

**Full Body - 60 mins £42.50**

To ease tension, relieve stress and promote a general state of well-being, tailored to suit individual needs.

**Aromatherapy - 90 mins £47.50**

A gentle soothing massage combined with a personal blend of pure essential oils that absorb deep into the skin to relieve the stresses of body and mind.

**Deep Tissue - 45 mins £38.00**

For those who prefer a firmer massage focusing on specific problem areas, this is ideal to alleviate stress and ease aching muscles.

**Indian Head Massage - 45 mins £32.00**

A soothing face, neck and scalp treatment using hand and finger pressures. Designed to ease mental and emotional fatigue, release sinus pressure and facial tensions.

**Hopi Ear Candles - 30 mins £29.00**

Used to soothe earache, headaches and sinus problems, the candles draw out congestion and moisture from the inner ear. A facial massage completes the treatment.

**Hot Stone Back, Neck & Shoulder - 30 mins £34.00**

Hot stones have been used in massage for hundreds of years, for their decongesting effect on muscular and nervous tension and their positive effect on toxin elimination.

## WAXING

**Suitable for all skin types.**

Brazilian or Hollywood	£25.50
Bikini Line	£12.50
Half Leg	£17.50
Full Leg	£23.50
Under Arm	£10.00
Upper Lip or Chin	£9.00
Full Leg & Bikini	£31.00
Half Leg, Bikini & Under Arm	£35.00



## TANNING

*Our self tanning treatments are the simplest way to achieve an instant all over lasting tan. Ideal to brighten up dull winter days or for a pre/post - holiday boost. A full body exfoliation is included with the manually applied tan only. Please remember to wear loose fitting clothing.*

Full Body Tan - Manual Application	£42.00
Sienna X Spray Tan	£26.00

## BODY TREATMENTS

Guinot Body Minceur - 90 mins **£58.00**

This fabulous anti-cellulite, body contouring treatment uses essential oils, plant extracts, seaweed and a unique thermal peel off mask. Targeting the areas prone to cellulite giving outstanding results for a slimmer silhouette.

Guinot Body Douceur - 45 mins **£41.00**

A relaxing body softening treatment that incorporates a full body and face exfoliation to smooth away dull and dry skin.

## EYE TREATMENTS

*Clients requesting tints for the first time are advised to have a patch test at least 12 -24 hours prior to the treatment.*

Eyebrow Shape	£11.50
Eyelash Tint	£14.00
Eyebrow Tint	£8.50
Eyelash & Brow Tint	£19.00
Eyelash Perming - 45 mins	£38.00

## EYELASH EXTENSIONS

Half Set - 60 mins	£53.00
Full Set - 90 mins	£95.00
Infills - 30 mins	£21.50

## HANDS & FEET

Nail Shape & Paint	£14.50
Manicure	£23.50
Deluxe Manicure (includes Paraffin Wax Treatment)	£32.00
French Manicure	£26.50
Pedicure	£30.00
Deluxe Pedicure (includes Paraffin Wax Treatment)	£39.50

## SPECIALITY TREATMENTS

**Both treatments include a mini manicure**

Minx Foil Nails (hands or feet)	£26.00
Shellac	£26.00
Full Pedicure including Minx or Shellac	£40.00

## TREATMENT COURSES

**Treat yourself to one of our amazing treatment courses and save upto £100. Please note that treatment courses are neither refundable or transferable.**

Course of 10 Hydradermie Lift Treatments - £410 <b>saving £100</b>
Course of 3 Beaute Neuve facials - £117.50 <b>saving £25</b>





## Beauty School

In your one to one lesson detailed below, you will gain the expert knowledge of how to achieve that all important 'salon finish' at home!

### 2011 LESSONS

#### ULTIMATE BLOWDRY LESSON

Please bring your own hair tools including hairdryer, brushes and products that you would use at home and in your 45 minute appointment, you will gain the knowledge and skills of a true professional and leave the salon looking preened and pampered!

Art Director	£57.00
Creative Director	£50.00
Director	£42.50
Creative Stylist	£37.00
Stylist	£32.00

#### MAKE UP LESSON

Please bring your own make-up, brushes and any other make-up kit and we will educate you in achieving day to evening looks that compliment your skin, hair and eye colourings.

Per 45 minutes	£45.00
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#### BLOWDRY WITH 1/2 HEAD OF CLIP IN EXTENSIONS

Same as the ultimate blowdry lesson but using our Balmain clip in hair extensions. We will show you how to use these non-permanent extensions and we will cut them to your desired length giving you a total look to leave the salon.

Creative Director	£50.00*
Director	£42.50*
Creative Stylist	£37.00*
Stylist	£32.00*

\* Please include chosen clip in price to the above. Prices range from £10.95 to £89.95 depending on the length and amount of hair required.

*Please check our website for forthcoming dates for our Beauty School group events.*



# WEDDINGS

**We know how important it is for you to look absolutely beautiful on your special day.**

With our team of highly qualified and talented hair stylists and beauty therapists - we can work hand in hand with you, to make sure we achieve your dream look.

Having the leading reputation for our wedding services, we are able to offer you hair, make up and beauty packages in the comfort of your home or in our salon and spa.

Spend time with us to talk through your ideas, look at pictures and try out a few different looks with hair and make up before making your decision on what is best for you.

A champagne breakfast on arrival to the salon is a minor attention to detail that would be a delight for us to organise for you.

***From your castle to your kitchen... if you would like us to come to you and do your hair and make up, it would be our pleasure. Bespoke quotations for this service are available on request.***

# WEDDINGS

## THE PROPOSAL

Package includes practice hair up, wedding hair and french manicure (with one of our beauty therapists) on the day and a honeymoon gift set.

Stuart Holmes	£172.00
Creative Director	£133.00
Director	£97.00
Creative Stylist	£86.00

## THE BIG DAY PACKAGE

Package includes practice hair up, practice make up (with our professional makeup artists), wedding hair, make up and french manicure (with one of our beauty therapists) on the day and a honeymoon gift set.

Stuart Holmes	£246.00
Creative Director	£207.00
Director	£171.00
Creative Stylist	£159.50

## MAKE UP

*Our professional make up artists all use a full Daniel Sandler make up kit.*

Per Session - £37.00

***Please note that for all wedding bookings a 50% deposit is required.***

## MEN'S DAY OUT

This package includes a man-e-cure, back, neck and shoulder massage and a gents cut.

Stuart Holmes	£94.00
Art Director	£85.00
Creative Director	£81.50
Director	£77.00
Creative Stylist	£74.00
Stylist	£69.00

***Please contact our reception team if you would like us to put together a bespoke quotation for us to come out to you on your special day for hair and/or make up.***



# GENITS...

## HAIR STYLING

Stuart Holmes	£51.50
Art Director	£42.50
Creative Director	£39.50
Director	£35.50
Creative Stylist	£32.50
Stylist	£26.00

*Complimentary soft drinks, speciality teas and coffees are offered for you to enjoy during your visit. A glass of champagne, white wine or beer are available for an additional £2.00 per glass.*

## COLOUR SERVICES

Disguise the Grey - £16.00

### Highlights

Colour Director	from £41.00 - £72.00
Director	from £36.00 - £62.00
Creative Colourist	from £31.00 - £57.00
Colourist	from £26.00 - £52.00

*(Price dependant on how much colour is required).*



## FACIALS

**All our facials include a complimentary wash and style following your treatment. (Please request when making your booking).**

**Essential - 45 mins £37.00**

This prescriptive facial leaves the skin cleansed, refreshed and super-moisturised, using products for your individual skin type.

**Aromatic - 60 mins £47.50**

An Aromatherapy facial based on plant extracts and essential oils incorporating a unique massage chosen to create an ideal treatment for individual needs. This facial will lift your senses and instill an overall feeling of well-being.

## MASSAGE

**Back Neck & Shoulder - 30 mins £26.50**

A gentle back, neck and shoulder massage using aromatherapy oils to enhance the mood and relax the body.

**Full Body - 60 mins £42.50**

To ease tension, relieve stress and promote a general state of well-being, tailored to suit individual needs.

**Deep Tissue - 45 mins £38.00**

For those who prefer a firmer massage on their backs, arms and legs, this is ideal to alleviate stress and ease aching muscles.

**Pamper packages are available for guys - please refer to the packages section of this brochure.**

**Indian Head Massage - 45 mins £32**

A soothing face, neck and scalp treatment using hand and finger pressures. Designed to ease mental and emotional fatigue, release sinus pressure and facial tensions.

**Hopi Ear Candles - 30 mins £29.00**

Used to Soothe earache, headaches and sinus problems, the candles draw out congestion and moisture from the inner ear. A facial massage completes the treatment.

## HANDS AND FEET

Man-e-cure	£20.00
Ped-e-cure	£27.00

## WAXING

Eyebrow Tidy	£11.50
Full Back or Chest Wax	£23.50
Toes	£7.00
Back, Sac and Crack	£45.00
Buttocks	£25.00
Lower Back	£10.00
Front Area	£25.00

## TANNING

**Our self tanning treatments are the simplest way to achieve an instant all over lasting tan. A full body exfoliation is included with the manually applied tan only. Please remember to wear loose fitting clothing.**

Full Body Tan - Manual Application	£42.00
Sienna X Spray Tan	£26.00

# PACKAGES...

**We all love a little self indulgence!** Relax and rejuvenate with some valuable 'me time'.

All our packages include a selection of treatments at a discounted price. Packages may be purchased for a gift and can be gift wrapped.

## FOR HER

### Cleanse and Tone - Approx 2 1/2 hrs **£102.50**

Treat yourself to a little 'me time' and leave with radiant, refreshed skin and a svelte body. Treatments include:

- Guinot Beaute Neuve Facial
- Guinot anti-cellulite Body Minceur
- Wash & Blow dry in the hair salon

### Top to Toe - Approx 3 hrs **£115**

Take some time out enjoy some well deserved pampering with some 'top to toe' treatments that include:

- Manicure
- Pedicure
- Eyebrow shape
- Eyelash Tint
- Essential Facial
- Wash & Blow dry in the hair salon

### Well Being - Approx 4 hrs **£126**

Soothe away the stresses and strains and enjoy some relaxation in our spa where our therapists will ensure that you leave feeling refreshed and rejuvenated. Treatments include:

- Guinot Aromatic facial
- Aromatherapy massage
- Indian Head Massage
- Wash & Blow dry in the hair salon

### Clip In Extensions Package

Balmain clip in hair extensions can be applied to any of the hair styling services. Clip in prices range from £10.95 - £89.95 depending on the length and amount of hair required.

***If you require a bespoke package our reception team are always on hand to help with your requirements.***



## FOR HIM

### **Detox** - Approx 90 mins **£68**

Cleanse, tone, purify and awaken your senses with a range of essential oils and massage techniques. Treatments include:

- Essential facial
- Back, neck & Shoulder Massage
- Hair wash & style in the hair salon

### **De-Stress** - Approx 2 1/2 hrs **£88**

Take a break and ease away the tension from the stresses and strains of everyday pressures. Treatments include:

- Guinot Aromatic Facial
- Full Body Massage
- Hair wash & style in the hair salon

## MEN'S DAY OUT

This package includes a man-e-cure, back, neck and shoulder massage and a gents cut.

Stuart Holmes	£94.00
Art Director	£85.00
Creative Director	£81.50
Director	£77.00
Creative Stylist	£74.00
Stylist	£69.00

*All Spa packages can be combined with any of our hair services*

# SERVICES...

## HOURS

<b>MONDAY</b>	9am - 6.00pm
<b>TUESDAY</b>	9am - 6.00pm
<b>WEDNESDAY</b>	9am - 6.00pm
<b>THURSDAY</b>	9.30am - 7.30pm
<b>FRIDAY</b>	9am - 6.00pm
<b>SATURDAY</b>	8.45am - 5.00pm
<b>SUNDAY</b>	CLOSED

Visit [www.stuartholmes.co.uk](http://www.stuartholmes.co.uk) to book an appointment online 24 hours a day.

## CANCELLATION POLICY

A discretionary charge of 50% may be applied for cancellations made within 24 hours notice

## GIFT VOUCHERS

Gift vouchers can be purchased from reception, over the phone on 01242 220001 or by visiting [www.stuartholmes.co.uk/services/gifts-packages](http://www.stuartholmes.co.uk/services/gifts-packages). Vouchers can be redeemed against all our hair and beauty services and product ranges and are valid for a period of 6 months from the date of purchase. Please note that gift vouchers are neither refundable or transferable.

## REFRESHMENTS

We offer complimentary soft drinks, speciality teas and coffees for you to enjoy during your visit. A glass of champagne or white wine are available for an additional £2.00 per glass.



For additional information regarding the salon and to receive regular updates, treats and promotions log on to:  
[www.stuartholmes.co.uk](http://www.stuartholmes.co.uk)



## STUDENTS

10% discount available with a valid NUS card. Training models can receive a cut for £14.50 and colour for £23.00

## WIRELESS

A wireless internet facility is available for your use, please ask at reception when you check-in.

## SOS APPOINTMENTS

Due the popularity of some stylists/colourists, there may be occasions when you might have difficulty in booking what you require. In an emergency, please enquire about our SOS appointments and we may be able to come to the rescue!

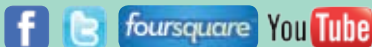
## FEEDBACK

If you are happy with the service you have received, please tell friends, family and colleagues about us! For any feedback or suggestions on how we might improve our service to you, please email us at [info@stuartholmes.co.uk](mailto:info@stuartholmes.co.uk)

## HOW TO FIND US



DANIEL SANDLER



# Rufus Rewards

The salon dog in the know

**It is our way of saying Thank You** to you, our wonderful clients, for your continuing loyalty and custom. By subscribing to our email newsletter you are enrolling in Rufus Rewards and will regularly receive exclusive news about the most fantastic prizes and amazing offers that Rufus has sniffed out just for you.

Most recently Rufus has given away an amazing holiday to Marrakesh and corporate hospitality at Cheltenham Races Ladies day. To find out more visit:

[www.stuartholmes.co.uk/interact/rufus-rewards](http://www.stuartholmes.co.uk/interact/rufus-rewards)



RUFUS RECOMMENDED



I love the fact that the products are incredibly good value with the shampoos being just £4.49 per bottle and the scents just £4.99 per bottle.



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BUSINESS AWARDS

2011 FINALIST

Team of the Year  
Training Award

**HJ** BRITISH HAIRDRESSING  
BUSINESS AWARDS

2010 FINALIST

**Winner:** Salon Of The Year

**Finalist:** Website/Innovation Of The Year



**Finalist:** Best Local Salon 2011



**Finalist:** 2011 2005  
2010 2004  
2007



**Finalist:** Young Beautician  
of the Year 2010



In association with southwestbusiness.co.uk

**Winner:** Apprentice Development Award

**Finalist:** Small Business of the Year



In association with southwestbusiness.co.uk

**Joint Runner Up:** Woman of the Year

**Runner Up:** Business of the Year



**Finalist:** Employer Category

**Finalist:** Advanced Apprentice





5 Imperial Square, Cheltenham GL50 1QB **Tel: 01242 220001**

**[www.stuartholmes.co.uk](http://www.stuartholmes.co.uk)**